



the
HAZENDAL

OUR PHILOSOPHY

We invite you to embrace a lingering moment of relaxation and indulgence at Hazendal Spa, offering you supreme restoration in our oasis-like setting, framed by rolling vineyards and majestic mountains.

Our peaceful garden features private outdoor pergolas and a tranquil ambience, enhanced with the calming tones of our Tibetan singing bowls. With this as your setting, you will benefit from our range of specialised treatment collections performed by our highly skilled therapists.

Your outstanding wellbeing experience is our top priority, and we take great care to combine the healing wisdom of ancient rituals with the therapeutic properties of modern luxury spa products to restore balance through each of our unique and holistic treatments.

Each one has been thoughtfully crafted to engage your senses and create lasting memories. Let your Hazendal Spa journey begin.



SPA FACILITIES & SERVICES

OPERATING TIMES

Summer	8:00 - 19:00
Winter	8:00 - 18:00

Email	spa@hazendal.co.za
Phone	021 903 5034

Three treatment rooms
(one dual room and one single room)

Two private outdoor pergolas

Hamam

Nail studio

Private changing areas

Kids menu (ages 6 - 13) **Prices available upon request*

OUR PARTNER BRANDS

SKIN: QMS MEDI COSMETIC

Based on research-led collagen-enhancing technology, QMS products are considered the leaders in anti-ageing skin care. Combining revolutionary technique with ingredients of the highest quality, this new-generation of wellness products focus on regenerating, reconditioning and protecting your skin.

SKIN: ESSE ORGANIC AND NATURAL

Your skin is yours for life, and Esse is focused firmly on fostering long-term health, slowing the ageing process to ensure skin that is vital, radiant and healthy. With unique biochemistry that promotes beneficial changes to the skin's natural microbiome, Esse products are kept at a steady pH conducive to skin health, with mild preservatives and biodegradable foaming agents. Esse supports Fair Trade principles, and is a certified organic, vegan, cruelty-free and carbon- and plastic-neutral company.

BODY: BELLABACI KISS OF WELLNESS

A genie in a bottle. That's how Bellabaci frames its remarkable portfolio of body wellness products, drawing on traditional wisdoms from five continents. By synergising healing modalities from across the world, Bellabacici products offer a true kiss of wellness.

GEL NAILS: BIO-SCULPTURE

BIOGEL is the original nail gel system, a world-renowned product that is both easy-wear and soak-off, to promote natural nail health while beautifully enhancing and transforming your hands.

NATURAL NAILS: VINYLUX

This weekly polish system offers durable, high-shine and week-long wear that is ideal for the regular spa visitor. With a self-adhering colour coat and enhanced durability under exposure to natural light, VINYLUX offers a wonderful variety of finishes to suit your own unique style.





*SIGNATURE
TREATMENT*

HAZENDAL HEALING TOUCH

Duration: 2 hr 30 min

R2 780 per person | R4 300 per couple

Surrender yourself to the exquisiteness only Hazendal holds, from the depth of our vineyards to the heart of our alluring mountains. This unique experience has been created to profoundly nourish and pamper your body and includes the use of grape extracts, the main ingredient of wine, and natural body clay filled with indigenous botanicals.

Based on the sacred and ancient art of cleansing and restoring the skin, an exotic full-body salt scrub will set the scene and leave your skin soft and vibrant. This is followed by a heated body clay application combining steam-infused compressors with our own signature wine to soothe and relax your muscles.

Then, a deep, relaxing massage combined with natural fynbos oil and hot lava shells will target specific problem areas, supporting healing, bringing comfort to the body and promoting harmony and tranquility.

**Glass of MCC included in both single and double treatments.*

** This treatment includes access to The Hazendal pool area.*

THE HAZENDAL ESCAPE

Duration: 4 hr

R3 500 per person | R6 000 per couple

Experience an extended healing touch with The Hazendal Escape treatment.

**A 90 minute massage, lunch, and glass of MCC (for both single and double treatments) will be included in this 4 hour treatment.*

** This treatment includes access to The Hazendal pool area.*



HAMMAM RITUALS

Indulge in a time-honoured tradition that offers a variety of benefits for both the body and mind. The steam and heat of the bath help to open pores and promote detoxification. All our hammam treatments incorporate a hammam water and steam ritual to relax tired muscles, soothe the body and bring about a sense of tranquillity.

RASUL MUD SCRUB (SELF-APPLICATION)

60 min | R550

An ancient cleansing ritual combining steam and water, ideal for couples or groups.

Indulge in a traditional Middle Eastern cleansing ritual in our custom-built Rasul Chamber with heated concrete benches and beds. This self-treatment using steam, water and mineral-rich mud and body scrub offers an experience that will both de-stress and detoxify the body.

HAMMAM EXPERIENCE

90 min | R1 900

Begin this journey in our hammam, furnished with heated slabs merging steam, heat, and touch—all of which work together to silence the mind. An exotic full-body salt scrub, an ancient means of cleansing and restoring the skin, will leave your skin soft and glowing.

Continue with your therapist to one of our private chambers, where you will enjoy a bespoke massage using heated stones to soothe aching muscles and relieve tension.

COUPLES PACKAGES

(T's & C's Apply)

COUPLES DELUXE

Duration: 2 hr 30 min

R4 500 per couple

This experience is a dual treatment in our exquisite private Hammam and couple treatment room covered in roses and candle light, this begins with a glass of sparkling wine, and an enjoyable picnic basket comprising of delicious treats.

- Self Application Mud Bath 60mins
- Hot stone 90mins
- Picnic (Seasonal)

ROMANCE FOR TWO

Duration: 2 hr

R4 000 per couple

This package is ideal for sharing that magical moment, allowing us to indulge and pamper you and your loved one. As this treatment commences you and your partner will be guided to our private Hammam. Lay back and relax switching off from the outside world. The soft sound of Tinga bells signals the end of this journey. This is followed with a Full body Aroma massage and advanced booster facial, for maximum relaxation and tranquillity.

- Steam 30mins
- Massage 60mins
- Booster Facial 30mins
- Wine Tasting for 2



*WRAPS &
MASSAGES*

BODY WRAPS

Whether you wish to exfoliate and renew, or detox and nourish, our unique body wraps – all of which include steam treatments – use renowned Bellabikki wellness products to offer a restorative indulgence.

RESTORE WRAP

60 min | R850

A nourishing body therapy includes a gentle, yet effective body scrub followed by a wrap application filled with natural vitamins and antioxidants for optimal collagen and elastin production.

DETOX WRAP

60 min | R850

This wrap includes a gentle, yet effective body scrub followed by a cool detoxifying body wrap infused with Buchu essential oils. The treatment includes a scalp and foot massage while you unwind on a heated slab.

DRY PEDICURE

15 min | R450

TRADITIONAL COLLECTION

Our highly qualified therapists blend each oil for Traditional Treatments according to your needs, using highly concentrated Bellabaci essential oils infused with fynbos.

SWEDISH MASSAGE

60 min | R1 290

90 min | R1 690

An “original” form of massage that is practised around the world to provide an extremely relaxing and therapeutic form of bodywork. This quintessential restorative technique will leave you relaxed and supple, and your mind invigorated.

AROMATHERAPY

60 min | R1 490

90 min | R1 790

Fynbos and Cape Geranium-infused aromatherapy essences are absorbed by the skin and inhaled during this holistic treatment, enabling a deeper and longer lasting effect. This treatment enhances the relaxing effects of touch with beautiful scents.

HOT-STONE MASSAGE

60 min | R1 490

90 min | R1 790

This treatment harnesses the known wellness properties of heat through soothing warm stones to release specific points of stress, as well as the ancient healing powers of touch therapy for an incredible body experience.

DEEP-TISSUE MASSAGE

60 min | R1 490

90 min | R1 790

A specialised therapy that concentrates on specific points of tension to melt stress away. The therapist uses their hands, arms and elbows along with bamboo sticks to realign deeper muscle layers, offering you an instant sense of relief.

JET-LAGGED MASSAGE

60 min | R1 490

90 min | R1 790

Designed to stimulate and relax, this tailor-made treatment is perfect when you are jet-lagged or preparing for a long flight. This massage works on the deeper muscle layers and is combined with aromatherapy to influence your lymph system and lower the effects and cause of jet lag.

SPECIALISED COLLECTION

Our highly qualified therapists blend each oil for Specialised Treatments according to your needs, using highly concentrated Bellabaci essential oils infused with fynbos.

HOT LAVA SHELL MASSAGE

90 min | R2 500

Designed to encourage circulation and relaxation, this massage includes the use of self-heating hot lava shells to allow deeper pressure to the core of the muscle for excellent tension relief.

CUPPING CEREMONY

60min | R1 590

90 min | R1 990

A modern treatment based on ancient face- and body-cupping therapy practices that achieves medical and therapeutic results, enhancing circulation and expelling toxins and waste from the body.

LYMPH DRAINAGE THERAPY

60min | R1 590

90 min | R1 990

A gentle, rhythmic and stretching massage in which the therapist controls the flow of lymph within the body. This boosts the immune system, clears blockages, removes toxins, transports nutrients and increases blood flow and metabolism.

CBD SPORTS MASSAGE

60min | R1 890

90 min | R2 090

This massage is designed to relieve muscle ache, reduce inflammation and assist with the healing process. The specialised CBD oil is designed to support injury recovery, and to help heal muscle strains and relieve joint pain (arthritis and rheumatoid arthritis).

REFLEXOLOGY

60 min | R1 490

By targeting reflex points on your feet and legs with pressure, this ancient healing practice helps to stimulate and balance the body's energy flow. Reflexology provides deep relaxation, promotes improved circulation, relieves pain and tension, and enhances overall wellbeing.



SKINCARE COLLECTION FOR MEN AND WOMEN

Our skincare therapists are highly qualified and trained to provide the highest level of professionalism. Each 75- or 90-minute Superior Treatment is enhanced with a luxurious hand, arm, foot and scalp massage combined with a steam facial.

The Hazendal Spa utilises both the QMS Medicosmetics range of anti-ageing skin care products, promising immediate results, and the portfolio of innovative organic products by Esse.

DEEP CLEANSING URBAN REPAIR

60 min | R1 200

This treatment targets the damaging effects of daily pollutants on the skin and helps to repair the skin's cellular structure. It supports the detox process, accelerates epidermal regeneration and boosts the metabolism.

OUR RADIANT TREATMENT

60 min | R1 200

Our innovative activation techniques increase the supply of active ingredients to refuel and energise the skin, leaving it fresh and glowing. This treatment provides instant vitality for jet-lagged and tired skin.

DETOX SK-ALPHA TREATMENT

60 min | R1 200

A detoxifying treatment that stimulates microcirculation with a unique thermal-active revitalising mask, resulting in an instant boost to your complexion.

COLLAGEN RENEWAL

75 min | R1 590

This treatment boosts the skin's moisture levels and revitalises the complexion with the use of pioneering masks and 70% natural soluble collagens. Skin is left firmer with more volume, fine lines are reduced and texture is improved.

NEO-TISSUEDERMIE

75 min | R1 990

A strengthening and regenerating treatment that focuses on the areas that are prone to losing elasticity as the skin ages. It includes a lifting and tightening massage in combination with a collagen-boosting treatment to help improve the tonicity of your jaw line, cheeks and eyebrows.

ADVANCED OXYGEN FACIAL

90 min | R2 200

Our signature oxygen facial breathes new life into tired skin with 95% pure oxygen and advanced techniques that stimulate deep skin cell regeneration to visibly plump and firm the skin. Results can be seen after just one treatment.

DRY PEDICURE

15 min | R450

HANDS & FEET



HANDS & FEET

Classic Manicure	60mins	R490
Classic Pedicure	60mins	R590
Deluxe Pedicure	80mins	R850
Gel Manicure	60mins	R650
Gel Pedicure	60mins	R750
2-Week Gel Fill	60mins	R550
Soak Off	30mins	R200

ESSENTIALS

Lash and Brow Tint	R120	Underarm Wax	R110
Lash Tint	R90	Standard Bikini Wax	200
Brow Tint	R90	Full Leg Wax	R340
Chin Wax	R90	G-String Wax	R350
Brow or Lip Wax	R90	Brazilian Wax	R390
Chin and Lip Wax	R120	Hollywood Wax	R490
Half Leg Wax	R275		

SKINCARE ADD-ONS

Add on any of the below specialised treatments to ensure you receive the full benefit of your treatment. Kindly consult with our specialist regarding the benefits of the below offerings.

Cupping		R150
SHA GAU Facial Drainage		R150
Oxygen	30min	R350
Private Steam Session	30min	R350
Full Body Scrub	30min	R450
Back, Neck & Shoulder Massage	30min	R650
Dry Mini Pedicure	15min	R450
Eye Treatment Mask		R550

BODY ADD-ONS

Add on any of the below specialised treatments to ensure you receive the full benefit of your treatment. Kindly consult with our specialist regarding the benefits of the below offerings.

Oxygen	30min	R350
Private Steam Session	30min	R350
Full Body Scrub	30min	R450
Dry mini pedicure	15min	R450

SPA PACKAGES

This treatment involves a combination of massage techniques to ease back ache and muscle tension, while gentle, flowing movements promote relaxation and stress relief.

HAZENDAL ONE SIX NINE NINE | 2 hr 30 min

R2 100 per person

A bespoke journey that draws inspiration from the historic beauty of Hazendal.

- Mud (self-treatment) 60 min
- Rebalancing full-body massage 60 min
- Mini-mani or mini-pedi or foot massage 30 min

GATEPOST EXPRESS | 2 hr

R1 990 per person

In bygone years, the gatepost at Hazendal marked the resting grounds for the tired. Journey with us to this place of rest, peace and tranquillity, and experience the integration of ancient and modern practices.

This package is ideal for the jet-lagged or tired mind, removing stress from the back, scalp and feet, while you are cocooned in warmth and comfort, to align your mind and body in harmony.

- Massage 90 min
- Steam 30 min



PREGNANCY PACKAGES

Our nurturing pregnancy packages are designed to provide expectant mothers with a relaxing and rejuvenating experience during this special time. Our highly trained therapists use gentle, yet effective techniques to help ease the discomforts of pregnancy such as back pain, swelling and fatigue. Our specially formulated massage oil is safe for both mother and baby and helps to nourish and hydrate the skin.

MOM-TO-BE MASSAGE

60 min | R1 190 per person

This massage is performed with the mother-to-be lying on her side, supported by pillows for maximum comfort.

PRENATAL PACKAGE

90 min | R1 690 per person

This treatment involves a combination of massage techniques to ease back ache and muscle tension, while gentle, flowing movements promote relaxation and stress relief.

Choose any three treatments from the list below:

- Back, neck and shoulder massage
- Foot massage
- Scalp massage
- Mini pedicure



BRIDAL PACKAGES

Whether you are looking for a pre-wedding pampering session or a full day of relaxation and rejuvenation, our uniquely crafted bridal offerings present you with the perfect way to unwind ahead of your special day and create memories that will last a lifetime.

THE GLOWING BRIDE | 2hr **R1790**

Sun-kissed glow full-body exfoliation	30 min
Aromatherapy massage	60 min
Visible brightening booster facial	30 min

THE RELAXED BRIDE | 90min **R1490**

Back, neck and shoulder massage	30 min
Indian head massage	30 min
Foot massage	30 min

KIDS TREATMENT MENU

(Ages 6 - 13)

Introduce your little ones to the world of relaxation and self-care with our kids' spa menu. Our specially designed treatments are perfect for children and teens, helping them to unwind and destress in a fun and safe environment. From gentle massages and facials to manicures and pedicures, our treatments are designed to promote relaxation and boost confidence.

Products used are 100% organic/ hypoallergenic and suitable for sensitive skin.

MASSAGES

Back massage	R250 / 30 min
Full-body massage	R350 / 50 min

HANDS AND FEET

Mini-mani	R200 / 30 min
Mini-pedi	R200 / 30 min

FACIALS

Vitamin express facial	R450 / 30 min
Deep pore cleansing facial	R450 / 30 min





KIDS' PARTY PACKAGES

Products used are 100% organic/ hypoallergenic and suitable for sensitive skin.

SParties

R650 per child / 90 min

Choose any three treatments from the list below and create your own pamper spa day.

- Back, neck and shoulder massage
- Scalp massage
- Mini manicure
- Mini pedicure
- Foot massage

Wonderdal kids' edutainment access	R295 per child / 2 hr
Wonderdal party pack	R65 per pack
Non-alcoholic bubbly	R40 per glass
Aromatherapy dough gift	R50

**Platters available on request - Wonderdal menu*

SPA ETIQUETTE

SPA ARRIVAL

Please arrive at least 15 minutes before your scheduled appointment time to check in and prepare to enjoy your treatment. Arriving late may result in reduced treatment time.

SPA ENVIRONMENT

Your spa environment is one of tranquillity and relaxation. Please respect all spa guests' right to privacy and serenity. Please turn off your cellular phone on arrival at the spa.

SPA ATTIRE

We will provide you with spa attire including a choice of spa underwear. You may choose to wear your own. Choose what is most comfortable for you. Our therapists will always use draping techniques to respect your privacy.

VALUABLES

We provide a secure place to store your personal items inside the spa locker rooms, however we do not assume any liability for personal items and recommend you leave valuables in the safe in your hotel room or suite.

CANCELLATION POLICY

The treatments you select are reserved especially for you and credit card details are required to secure your booking. If you are not able to make your scheduled appointment, please let us know 12 hours in advance in order not to incur any cancellation charges. You may incur a cancellation fee equal to 100% of the total value of your treatment for same-day cancellations.

REFUNDS AND RETURNS

Treatments and packages are non-refundable, non-transferable and may not be exchanged for money. For hygiene reasons, products purchased may not be returned or exchanged.