



# MONTHLY SPECIALS

Please enjoy the complimentary use of our private relax lounge

## ADORE YOURSELF

120 mins | R1 590 per person

Indulge in ultimate relaxation with our exclusive spa package designed to rejuvenate both your body and mind. Start this journey with a 30-minute self-application scrub and sauna. Continue by choosing any three treatments from the list below.

- |                                 |         |                        |         |
|---------------------------------|---------|------------------------|---------|
| • Foot scrub & mask             | 30 mins | • Booster facial       | 30 mins |
| • Leg & foot massage            | 30 mins | • Scalp & face massage | 30 mins |
| • Back, neck & shoulder massage | 30 mins |                        |         |

Complete with a glass of bubbly in celebration of you – because you are worth it.

## CELEBRATION OF LIFE

105 mins | R2 790 per couple

Spoil yourself and a loved one with this superior experience, created to soothe and relax your muscles, relieving tension from body and mind.

This package includes the following for ultimate relaxation:

- |                                 |         |
|---------------------------------|---------|
| • Private sauna session         | 15 mins |
| • Rebalancing full body massage | 90 mins |

Complete with a healthy fruit platter and a glass of bubbly in our relaxation room.

## THE ABSOLUTE SPA RITUAL

70 mins | R890 per person

A complete spa journey, harnessing the known wellness properties of heat and water, as well as the soothing ancient healing power of touch and smell.

- |   |         |
|---|---------|
| • Private sauna session                   | 10 mins |
| • Hot stone back, neck & shoulder massage | 50 mins |
| • Foot massage                            | 10 mins |

Complete with a warm cup of herbal tea.

## ADD-ON: Private jacuzzi session

30 mins | R350 per person