



# MONTHLY SPECIALS

Please enjoy the complimentary use of our private relax lounge

SETTING THE STAGE

90 mins | R2 590 per couple

Spoil yourself and a loved one with this superior experience, created to soothe and relax your muscles, relieving tension from body and mind.

This package includes the following for ultimate relaxation:

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|-----------------------------|--------|
| • Bespoke full body massage | 60 min |
| • Jacuzzi session           | 30 min |

Complete with a glass of bubbly.

SENSORY BLISS

105 mins | R1 290 per person

This journey was designed to experience a deeper connection within, to attain peace, wisdom and wholesomeness. Each touch allows guests to deepen their experience and feel transformed.

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|----------------------------------|--------|
| • Self-application scrub & sauna | 30 min |
| • Fynbos oil infused massage     | 60 min |
| • Hot stone foot massage         | 15 min |

Complete with a warm cup of Cape Chamomile Tea.

THE ABSOLUTE SPA RITUAL

70 mins | R890 per person

A complete spa journey, harnessing the known wellness properties of heat and water, as well as the soothing ancient healing power of touch and smell.

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|-------------------------------------------|---------|
| • Private sauna session                   | 10 mins |
| • Hot stone back, neck & shoulder massage | 50 mins |
| • Foot massage                            | 10 mins |

Complete with a warm cup of Cape Chamomile Tea.

ADD-ON: Private jacuzzi session

30 mins | R350 per person