



# MONTHLY SPECIALS

Please enjoy the complimentary use of our private relax lounge

DETOX IMMUNE BOOSTER

90 mins | R1 790 per person

This ritual is designed to flush out toxins, boost circulation, and restore balance to your body and mind, leaving you feeling lighter, stronger, and deeply renewed.

This package includes the following for ultimate relaxation:

- Full body scrub & sauna
  - Buchu cupping massage

30 mins

60 mins

Complete with a Buchu detox tea.

THE ABSOLUTE SPA RITUAL

70 mins | R890 per person

A complete spa journey, harnessing the known wellness properties of heat and water, as well as the soothing ancient healing power of touch and smell.

- Private sauna session
  - Hot stone back, neck & shoulder massage
  - Foot massage

10 mins

50 mins

10 mins

Complete with a cup of Cape Chamomile Tea.

SETTING THE STAGE

90 mins | R2 590 per couple

Spoil yourself and a loved one with this superior experience, created to soothe and relax your muscles, relieving tension from body and mind.

This package includes the following for ultimate relaxation:

- Bespoke full body massage
  - Jacuzzi session

60 mins

30 mins

Complete with a glass of bubbly in the Jacuzzi.

ADD-ON: Private jacuzzi session

30 mins | R350 per person